



Toolkit - Resources for trainers

Microproject - SDG Nr. 10

Building empathy and working with reducing the concept of stereotypes

Learning Objectives

- Build empathy as part of teaching younger generations the importance of equality
- Learn about other countries and their customs
- Learn how to reduce own stereotypes

Description

SDG number 10 relate to world inequalities and learning how to build stronger human relations. Learning about empathy might be a stepping stone to allow for the reduction of inequalities that can happen within and among countries. Moreover, learning about one's own stereotypes, might also facilitate the reduction of such inequalities.

Collaborate with schools in your local community and design activities and actions that build on empathy and stereotypes

Possible roles of the trainees and skills needed

There are multiple roles involved in this project design and the skills needed are:

- Role: Networking with local schools. Skills: networking, communication skills, negotiation skills, project design and activity design skills
- Role: trainer / facilitator of activities. Skills: design skills, moderating skills, teaching skills, leadership skills, communication skills, active listening skills
- Role: overall management. Skills: management skills, coordination and decision making skills.



Theoretical activity	Make sure you collect relevant information from online resources on: <ul style="list-style-type: none">• Stereotypes and related activities• Empathy building activities.
Creative activity	Create small games and activities in schools and allow for the children to also create their own. Furthermore, work with the local community to brainstorm other activities that can take place on a larger scale.

Sustainability

Make sure you write all the processes and information that you have created and design a handbook for future reference to re-create the campaign.

