



Toolkit - Resources for trainers

Microproject - SDG Nr. 2

The Soup in Planty

Learning Objectives

- Building basic social competences among the inhabitants of the local community
- Building awareness among the inhabitants of the local community about the situation of people in a crisis of homelessness, without means of livelihood and food
- Adapting the initiative to help homeless people in your community

Description

"The Soup na Planty" is a social initiative that aims to help people who are facing a homelessness crisis, especially in a large city. The name of this initiative comes from the place where it is implemented, i.e. "Planty" is a city park in Krakow surrounding the Old Town in the very centre of the city.

A group of volunteers meet in one place, provided by a social enterprise, to prepare a large pot of soup, a pot of tea (with lemons, oranges, ginger, cloves and raspberry juice) and sandwiches with which the volunteers go to various places in Krakow, where the homeless are staying. Once a month (or often), usually on Sundays, the soup is distributed to the homeless in Planty in Kraków.

Possible roles of the trainees and skills needed

Roles of trainers:

- To motivate people (groups of residents) to create such or similar initiative in their place of residence
- To facilitate the process of creating a local initiatives for vulnerable groups
- To encourage people to look for information on similar initiatives on the Internet for further inspirations.
- To discuss and allocate roles with the people involved in this initiative implementation.

The skills needed:

- Problem solving, Team work, Creativity.



<p>Theoretical activity</p>	<p>This initiative is primarily a meeting with another human being. And the meeting is the most important thing, it is of fundamental importance, because without the meeting, absolutely no relationship could be created. The very awareness that you can stay with people, cook soup for people who are facing a homelessness crisis, make sandwiches together, write a good word on them, prepare packages gives a great feeling of unity among the inhabitants. The soup is very important in all of this, but even more important is that by pouring the soup, you can simply meet, come as "guests" to homeless people who live on the street. Make a list of which steps you need to fulfil in your context to implement the similar initiative in your local community:</p> <ul style="list-style-type: none"> • Check out places in your area where homeless people gather (meet). For this purpose, you can contact e.g. the city guard or the police who have knowledge in this area. • Identify and invite local partners (e.g. local social organizations, food suppliers, restaurants, etc.) and individuals, volunteers who will be interested in joining this initiative. • Organize a place to prepare a meal (soup) for the homeless. • Set the date/dates and place of the event. • Inform the relevant services (municipal guard, police) about the event and obtain appropriate consents (if needed). • Make a contact with local media. • After the event, organize a meeting with partners, people, volunteers to summarize the event and determine next actions (if the event is to be cyclical).
<p>Creative activity</p>	<p>Think about how can you adopt this initiative to your context, your city, your place of living ?</p> <p>Another variant of this initiative is to deliver meals prepared at home by residents (e.g. tea, hot soup, sandwiches) in jars, ecological, biodegradable containers to designated places in the city once a week. This food can be distributed in cooperation with volunteers who deal with homelessness, the poor and the homeless on a daily basis.</p>



Innovative activity	Promote this innovation that can be used i.e. new technologies.
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Sustainability

Food, like water, is a basic human need as well as a basic human right, and we, as a global society, must ensure that everyone on our planet has sufficient access to food.

To achieve this, we need the cooperation and support of people/institutions that are willing and ready to engage in such initiatives to support people and, more broadly, famine-stricken regions, and volunteers to help educate residents.

